

Nanbudo International Course
Conducted by Doshu Soke Yoshinao Nanbu 10° Dan
November 13-14th 2010 Barcelone (Catalonia-Spain)



Venue

Esportiu Badrena

c/ Galileo, 142

08028 Barcelona

*(five minutes from Sants railway station
and 10 km from el Prat airport)*

Tel. 93 490 56 44

<http://maps.google.es/maps/ms?hl=es&ie=UTF8&msa=0&msid=101157558567579228222.000490df3d6864648afc2&ll=41.380077,2.134137&spn=0.008582,0.013797&z=16>

Timetable

Saturday 13

09.30h registration
10.30h to 13.00h & 17.00 to 19.30h course
21.30h Course dinner

Sunday 14

10.00h to 12.30h course
12.30h Diploma delivery ceremony

Course prices

Grade Dan 80 euro.
Adults Grade Kyu 75 euro.
Junior all grades 40 euro.

Recommended hotels (near Sants district).

*The reservation and payment of the hotel is responsibility of the assistant to the course. The recommended hotels are close to the Dojo where the course will be held. All hotels are within a maximum of 10 minutes distance walking from the Dojo. It is recommended you make your reservations as soon as possible, since the course dates are dates of high occupation.

HOTEL NH NUMANCIA ***

Recomended hotel.

The course dinner will take place in this hotel. The following prices are special for the nanbudokas. You should mention when you make the booking that you are attending the Nanbudo course.

Double room breakfast included (buffet): 100 euro + IVA
Individual room breakfast included (buffet): 90 euro+ IVA

c/Numancia, 74
08029 Barcelona
Tel. +34 933 224 451
Fax. +34 934 107 642
nhnumancia@nh-hotels.com
www.nh-hotels.com

HOSTAL BEJAR *

* Special prices for the nanbudokas. You should mention when you make the booking that you are attending the Nanbudo course.

Individual room with bath 40 €

Individual room with no bath 28€ (shared bath)

Double room with bath 50€

Double room with no bath 40€

Apartments, 3 nights minimum

One person apartment: 80€/day

Two persons apartment: 90€/day

c/Bejar, 36

Barcelona(lado estación de Sants)

Tel. +34 93 255 953

HOSTAL BALER **

C/Torre d'en Damians, 11C

08014 Barcelona

Tel. +34 933 251 680/934248 056

hostalbaler@hostalbaler.com

www.hostalbaler.com

HOSTAL CONDE GÜELL **

Comte de Güell, 32-34

08028 Barcelona

Tel/Fax. +34 934 400 257

hostalcondeguell@telefonica.net

Restaurant

Course dinner

HOTEL NH NUMANCIA ***

c/Numancia, 74

08029 Barcelona

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[*nhnumancia@nh-hotels.com*](mailto:nhnumancia@nh-hotels.com)

[*www.nh-hotels.com*](http://www.nh-hotels.com)

Dinner price per person 30 euro.

VARIADO DE ENSALADA CON FRUTOS SECOS Y VIRUTAS DE QUESO PARMESANO

(Salad selection with nuts and Parmesan shavings)

SUPREMA DE MERLUZA CON PATATAS CONFITADAS CON ROMERO

(Suprême of hake with Romero seasoned potatoes)

PROFITEROLES CON CHOCOLATE

(cream cakes with chocolate)

(please confirm the assistance as soon as possible to the organization)

**The meals at lunch time are not included in the program.*

A warm and good quality restaurant for Sunday lunch time with a menu price of approximately 15 euro is:

Asador de Lugo

c/ Comtes de Bell-lloc, 63-65 Barcelona

(close to Sants railway station)

(it is recommended to make a reservation)

te. 93-409 01 20

General

Please, it is recommended to fill the registration form attached and send it to the address jesus.morreres@nanbudo.nu

If you are arriving by plane you can include your flight information in the same form and our organization will pick you up from the airport.

<http://www.barcelona-airport.com/menuesp.htm>

For additional information contact:

info@nanbudo.cat

www.nanbudo.cat

+34 609 73 72 72 (*jesús*)

+34 616 15 97 92 (*josé*) in English

This course is organized by Catalan Nanbudo Association and coordinated by Nanbudo-ki Club of Barcelona, Sabadell and Arenys de Mar.

Best regards,

Jesús Morreres

